

Tiarella cordifolia

Foamflower



Also called false miterwort. An excellent groundcover for shady sites. Attractive foliage and frothy spires of white flowers. Spreads nicely (i.e. not too aggressively).

Suggested companions: blue phlox (*Phlox divaricata*), white baneberry (*Actea pachypoda*), red baneberry (*Actea rubra*), lady fern (*Athyrium filix-femina*), wild geranium (*Geranium maculatum*), cedar (*Thuja occidentalis*), hemlock (*Tsuga canadensis*)

Photo Credit: Wisconsin State Herbarium, by John Kohout

Plant Type: Wildflower

Size: 8-10" H
W

Water Tolerant: Somewhat

Habitat:

Woodland Margin
Forested Upland
Forested Wetland

Soil: Average Garden Soil
Rich Moist
Very Damp/Wet

Exposure: filtered
shade

Flower Color:

White
Pink

Bloom Time:

May
June

Other Attributes:

Plant in:

Groundcover: Yes