



Asthma Education Needed in Communities



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NMDOH Asthma Program History

- **2000 - 2003** - 1st (3-year) CDC Cooperative Agreement award.
Focus – Developing Program & Surveillance
- **2003 - 2006** - 2nd (3-year) Award.
Focus – More Program Planning.
- **2006 - 2009** - 3rd (3-year) Award.
Focus - Implementation of activities.
- **2009 – 2014** - 4th (**5-year**) Award.
Focus – Implementation of revised objectives and activities; and Evaluation.

Goals of the 2009 NM Asthma Plan

- Improve asthma surveillance to inform the public about the disease burden and to guide interventions.
- Improve coordination of and increase the number of Asthma Coalition partners.
- Increase asthma education of health care providers and promote use of NAEPP (EPR-3) Guidelines recommended standards of care.
- **Educate patients, families, schools and communities in order to reduce asthma hospitalization rates as well as regional and ethnic disparities in asthma health outcomes.**
- Reduce environmental exposures to asthma triggers.

Goal 1 - Improve asthma surveillance

4 Strategies.

- Developing data sources
- Analyzing data
- Disseminating findings to the public
- Using data to measure progress in reaching goals.

Goal 2 – Improve coordination of and increase the number of Asthma Coalition partners

3 Strategies

- Using Asthma Summits to solve identified problems
- Implementing long term solutions
- Generating new collaborations

Goal 3 – Increase asthma education of health care providers and promote the use of NAEPP (EPR-3) Guidelines

4 Strategies

- Providing, supporting and increasing HCP trainings in NAEPP guidelines
- Using Asthma Control Test;
- More outreach to specialists to report Occupational Asthma.
- Partnering with Occupational Health Specialists to encourage reporting of Notifiable conditions.

Goal 4 – Educate patients, families, schools, & communities in order to reduce asthma hospitalization rates as well as regional and ethnic disparities in asthma health outcomes.

4 Strategies

- Increasing Spanish-language asthma education;
- Asthma self-management;
- More materials to school nurses and child care providers
- Ongoing improvements & information on Asthma Program website.

3 Strategies

- Increasing participating schools in IAQTfS Program
- Increasing asthma messages in tobacco-cessation education, curriculum, and websites
- Increasing timely information about outdoor air quality around state.

Recent Accomplishments

2007

- 2 Asthma Summits – Albuquerque and Roswell.
- Findings on high asthma hospitalization & ED rates in SE New Mexico.

2008

- 3 Asthma Summits - Las Cruces, Santa Fe, and Gallup. 326 people attended the Asthma Summits held statewide in 2007-08.
- 2 Asthma Summits in Hobbs
- Asthma made one of 3 health priority areas in DOH Epidemiology & Response Division.

Recent Accomplishments

2009

- 3 follow-up meetings in Region 4.
- Published an article in the New Mexico Epidemiology Report entitled, “High Child Asthma Rates in Southeastern New Mexico.”



NMDOH Asthma Program Contact Information

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Asthma Program

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