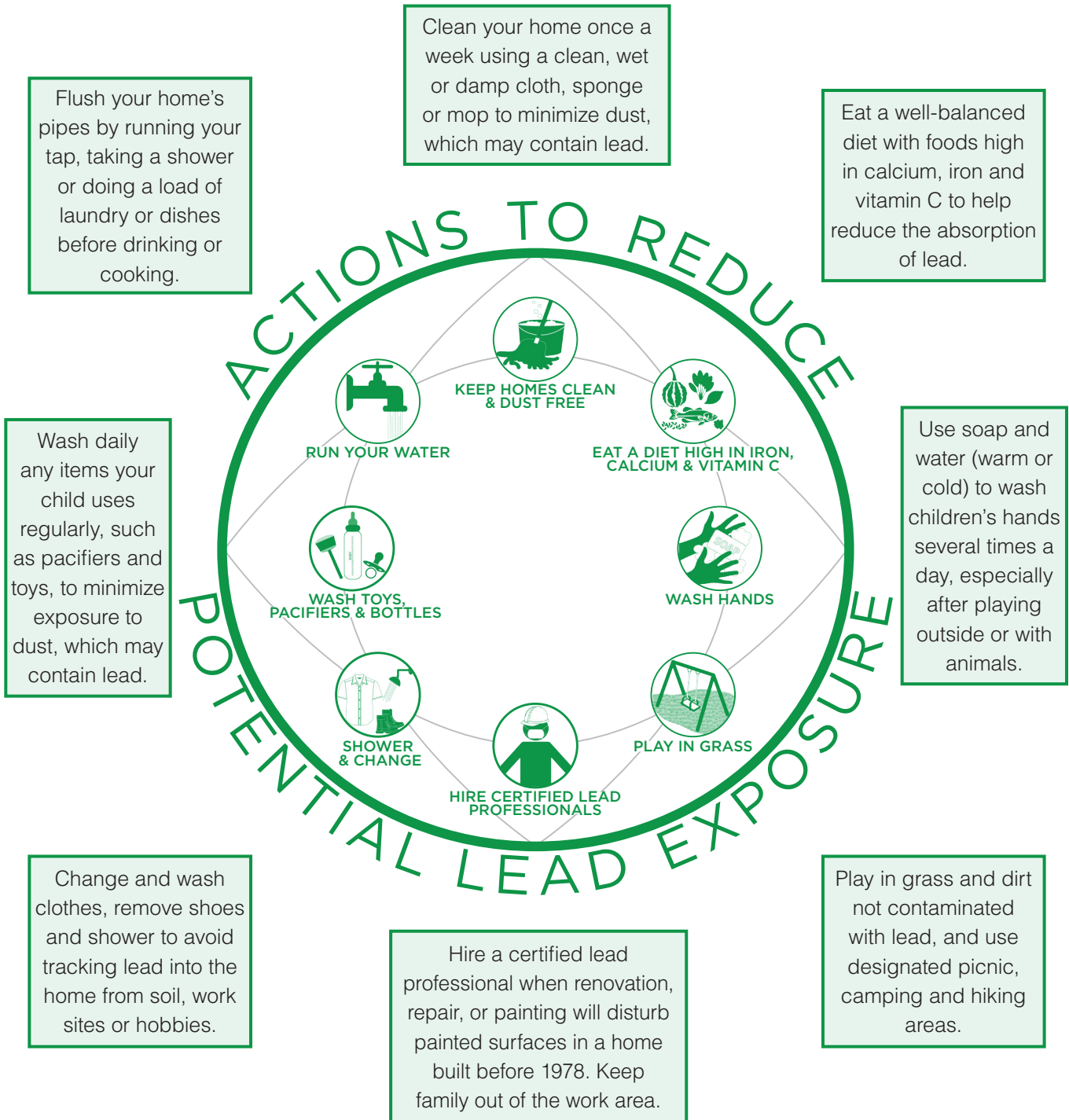


# UNDERSTANDING LEAD

Preventing lead exposure in young children (under age six) is especially important because as their bodies grow and develop, they are more vulnerable to the permanent harmful impacts of lead. As parents, grandparents, teachers, tribal leaders and others who care about our community wellbeing, we can take simple actions right now to prevent lead exposure, which at the same time can benefit the overall health of our land and our families.



For more information, contact the National Lead Information Center (NLIC) at 1-800-424-LEAD (5323)

## LEAD: SOURCES AND ACTIONS

Directions: The columns below contain information regarding potential sources of lead exposure and actions we can take to reduce exposure. Fill in the blanks using the best word from each column's word box. Answers can be found at the bottom of the page.

### Potential Sources of Lead Exposure

boats	lead-acid	plants
candles	lead-based	
drinking	mined	

### Taking Action

blood	cold	water
chew	painted	wipe
cleaned	wash	

- |  |  |
|--|--|
| <ul style="list-style-type: none"> <li>• Lead has been _____ <b>1</b> _____ and used for a long time and can be found in many different products and places.</li> <li>• Improper disposal or recycling of _____ <b>2</b> _____ batteries may release lead into the environment.</li> <li>• The paint used on some farming equipment and _____ <b>3</b> _____ could contain lead.</li> <li>• Lead has also been found in a variety of products found in our homes, including: imported scented _____ <b>4</b> _____, toys, glassware, ceramicware and cosmetics.</li> <li>• _____ <b>5</b> _____ paint, if present in older homes built before 1978, may be a major source of exposure to lead to those who live there. Lead-based paint was banned for use in housing in 1978.</li> <li>• The most common sources of lead in _____ <b>6</b> _____ water are from lead pipes, faucets and fixtures.</li> <li>• Lead ingested by animals absorbed by or found on the surface of _____ <b>7</b> _____ can be passed along the food chain when they are consumed by both wildlife and humans.</li> </ul> | <ul style="list-style-type: none"> <li>• Inspect and maintain all _____ <b>1</b> _____ surfaces to guard against deterioration.</li> <li>• Do not let children _____ <b>2</b> _____ on painted toys, window sills or other painted surfaces.</li> <li>• Keep residents out of the work area during renovation or repair work which disturbs painted surfaces in older, pre-1978, homes and buildings until the work area is _____ <b>3</b> _____.</li> <li>• Use only _____ <b>4</b> _____ water for drinking, cooking and preparing baby formula.</li> <li>• _____ <b>5</b> _____ all food thoroughly with safe water sources prior to eating, including foods gathered in natural areas.</li> <li>• Teach children to _____ <b>6</b> _____ and remove their shoes and to wash their hands after playing outdoors.</li> <li>• Contact your _____ <b>7</b> _____ utility or a licensed plumber to determine if the pipe that connects your home to the water main (called a service line) is made from lead.</li> <li>• The only way to know if a child has lead in their blood is to have a _____ <b>8</b> _____ test.</li> </ul> |
|--|--|

Of all the actions mentioned today, I think \_\_\_\_\_ would be the easiest for me to do in my home.

Sources: 1. mined 2. lead-acid 3. boats 4. candles 5. lead-based 6. drinking 7. plants  
Taking Action: 1. painted 2. chew 3. cleaned 4. cold 5. wash 6. wipe 7. water 8. blood

ANSWERS