EPA Design for the Environment (DfE) Training:

Best Practices for Auto Refinishing

Presented by:

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- Overview of DfE Project, Goals, Findings, Outreach Efforts
- Hazardous Air Pollutants and VOCs in Collision Repair
- > Key Chemicals of Concern
- > Health/Environmental Effects

➤ Tour of Virtual Auto Body Shop www.ccar-greenlink.org/cshops

Overview & Goals - DfE Project

www.epa.gov/dfe/pubs/projects/auto

- Partnership with collision repair industry
- Encourage best practices and technologies to reduce risk/pollution
- Focus on spray painting and other activities that release toxic chemicals
- Tools: site visits, workshops, outreach kit -binder/CD, self-evaluation checklist, DfE and virtual auto body shop websites

Findings - Best Practices Shop Visits: A Success

- Over 100 shop and school site visits; numerous workshops across country
- 81% of shops made changes
- Changes include:
 - improved use of HVLP spray guns
 - reduced shop emissions
 - better respiratory protection for painters
 - improved mixing room ventilation
 - all spraying in booth, including priming

Profile of Auto Refinish Industry

- 47,000 shops; >190,000 technicians
 - 14% small (<\$300,000)
 - 49% large (\$300,000 \$1million)
 - 37% super (>\$1 million)

(Data from 2007 I-CAR Education Foundation Survey)

- Numerous high school and community college programs
- Shops/schools use & release harmful chemicals
- Emissions may pose risks to those in the shops/schools and nearby residents

Outreach Efforts

- Identify factors that motivate change
 - lower costs (less paint, less waste)
 - similar or better performance
 - cleaner, healthier work environment
 - easier to comply with new regulations
 - recognition as environmental leader
- Develop useful tools
- Build a network of support

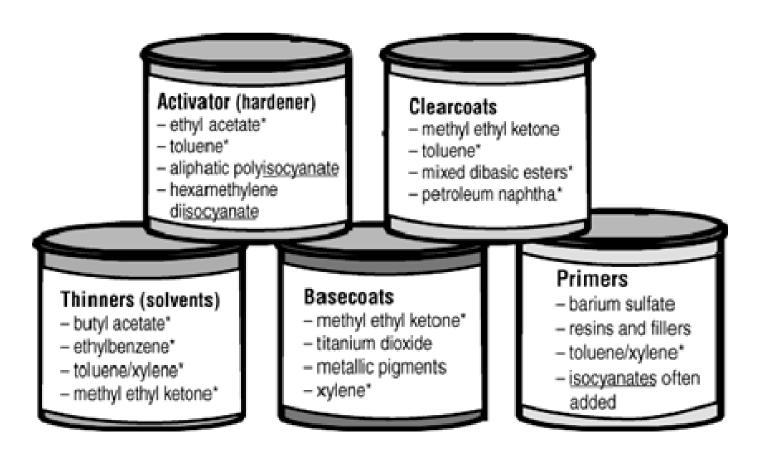
New EPA Regulations

- Compliance date 2011 (for existing shops)
- Includes a number of best practices
 - All paint spray application in a filtered booth or prep station
 - HVLP or equivalent spray guns
 - Painter training & certification
 - Gun cleaning requirements
- Record keeping and notification

HAPs, VOCs, and Other Chemicals of Concern in Collision Repair

- HAPs = hazardous air pollutants (188)
 - Heavy metals, organic solvents, HDI
- VOCs = volatile organic compounds
 - Organic solvents
- Other chemicals of concern
 - HDI polyisocyanates

Chemicals of Concern in Paint Products



Diisocyanates

- Diisocyanates
 - Hexamethylene diisocyanate (HDI)
 - HDI polyisocyanate
 - (also TDI, MDI, and other diisocyanates)

- Potential exposures
 - spray mist (primers, clear coats)
 - sanding dusts
 - welding and soldering fumes of urethane coatings

Diisocyanates – Why should we be concerned?

- Leading cause of work-related asthma
- Can cause allergic reactions
- Skin and lung sensitizers
- National Institute for Occupational Safety and Health (NIOSH) ALERTS
 - 2006 Spray-on truck bed lining operations
 - 1996 Warning on asthma & death with exposures
- New lower Canadian air standards (2006)
- Toluene diisocyanate (TDI) is a probable human carcinogen

Heavy Metals

- Chromium, Lead, Manganese, Nickel, Cadmium (target HAPs in new EPA regulation)
- Potential exposures
 - sanding dusts
 - spray mists (paint pigments, corrosion protection for metal surfaces)
 - undercoating
 - welding fumes

Heavy Metals - Why should we be concerned?

Chromium VI (hexChrome)

- lung cancer; irritation of eyes, nose, throat,
 lungs; skin & lung sensitization
- new OSHA standard (lowered exposure limit from 50 ug/m³ to 5 ug/m³)

Lead:

- muscle and joint pain; irritability
- memory and concentration problems
- fertility problems; anemia; kidney damage
- nerve, and brain damage

Organic Solvents

- Toluene, xylenes, methyl ethyl ketone, ethyl benzene, others
- Potential Exposures
 - thinners, solvent wipe-down
 - paint mixing
 - cleaning equipment
 - hazardous waste handling/disposal

Organic Solvents – Why should we be concerned?

- Health effects include:
 - irritation; headache, nausea
 - liver, kidney, blood effects
 - central nervous system damage
 - reproductive effects (recent Dutch study)
- Ethyl benzene is a probable human carcinogen

Methylene Chloride CAS #75-09-2

- Also known as dichloromethane
- Hazardous air pollutant, volatile solvent
- Used for paint stripping
- EPA regulation "6H" paint stripping & miscellaneous surface coating operations
- Develop & implement written minimization plan if annual usage > 1 ton
- All sources must implement work practices to minimize emissions
- Consider switching to safer alternatives
- Heath effects: central nervous system, other
- Possible inhalation and skin exposure

Virtual Auto Body Shop



www.ccar-greenlink.org/cshops

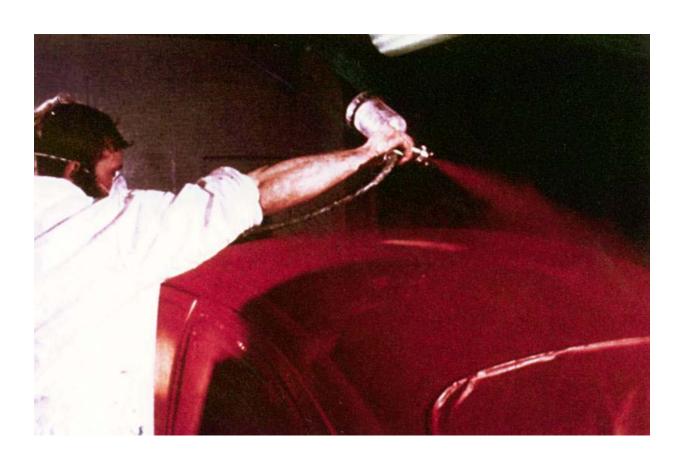
A Painter's Perspective on Best Practices

Making Change: A Personal Decision

- 25 years experience in the industry
- Motivation to change as an individual
 - Personal health
 - Family
 - Monetary benefits (both as shop manager and painter)
 - Professional pride
- Motivation to improve the industry
 - Support the DfE team's efforts to help the industry
 - Share experience on overcoming challenges
 - Industry offers great professional opportunity for young painters

Best Practices and Technologies that Reduce Exposures/Emissions

What is wrong with this picture?



Key Exposure & Release Points

 Spray Painting - exposure to paint mist containing solvents, diisocyanates, lead chromate, paint additives

 Paint Mixing - solvent exposure; inadequate ventilation

Preparation & Clean Up - dust, solvent exposure

Key Best Practices That Reduce Emissions

- Perform <u>all</u> spray painting in spray booth
- Use HVLP spray guns or equivalent
- Use safer alternative paints and cleaning products

Key Best Practices (contd.)

- Properly ventilate paint mixing room
- Use appropriate respiratory protection
- Wear chemical-resistant gloves, clothing, eye protection
- Manage health & safety responsibly

DfE Site Visit Binder

The binder contains:

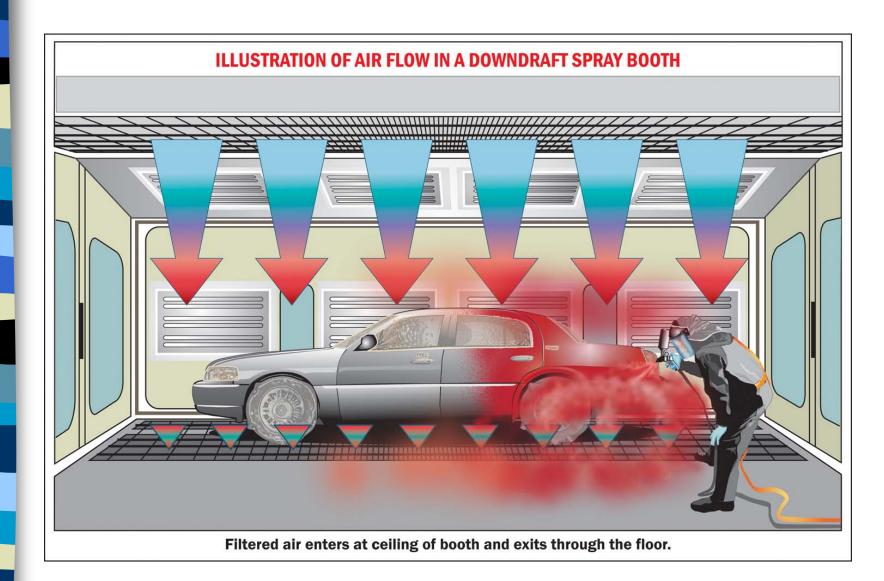
- Best practices checklist for each activity
- Best practices fact sheets and case studies for selected activities
- List of manufacturers and suppliers
- Information on isocyanates
- Video on working safely with polyurethane paints

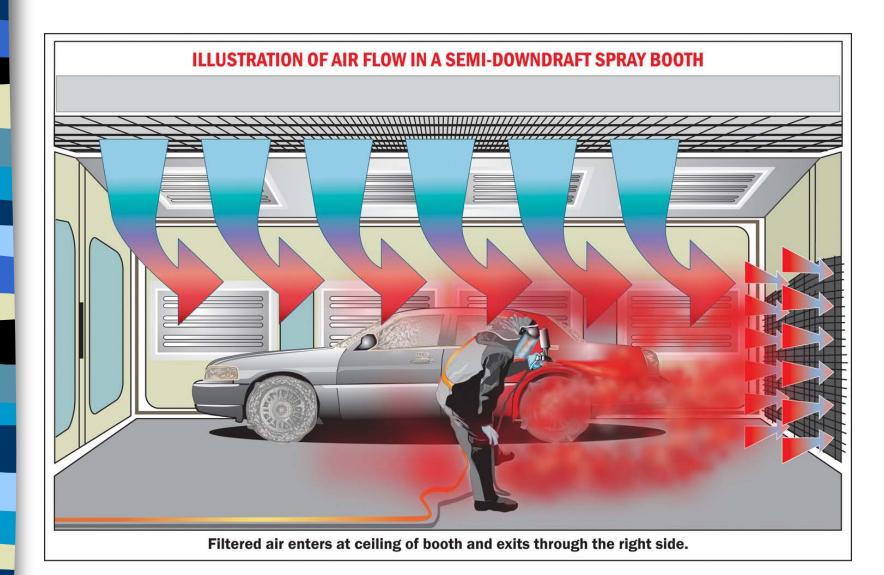
Best Practices - Benefits

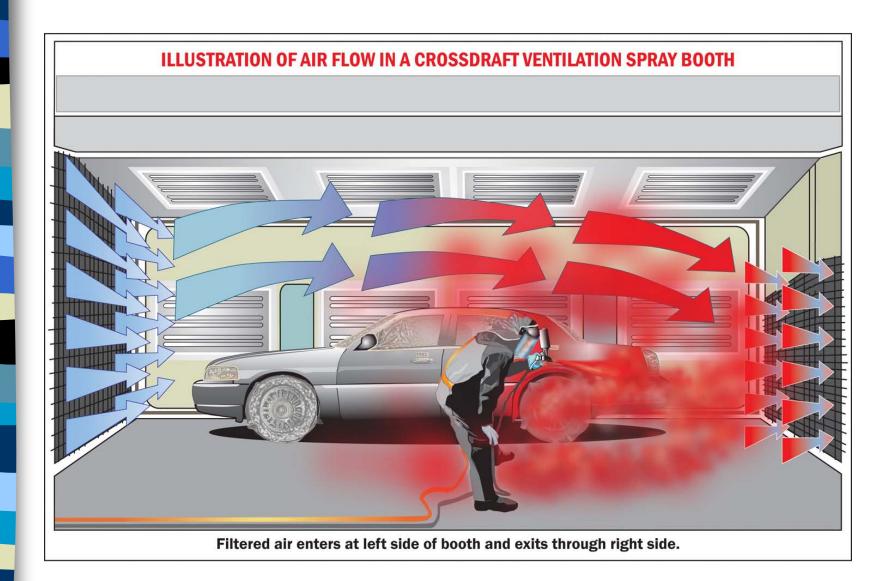
- Cleaner, more productive shop
- Healthier painter, fewer lost sick days
- Reduced paint & solvent emissions
- Paint cost savings
- Waste reduction

Spray Painting Best Practices

- Perform all spraying activities in a well maintained ventilated spray booth. Booth types include:
 - Downdraft
 - Semi-downdraft
 - Crossdraft
- Spray booth filters are 98% efficient for particulates





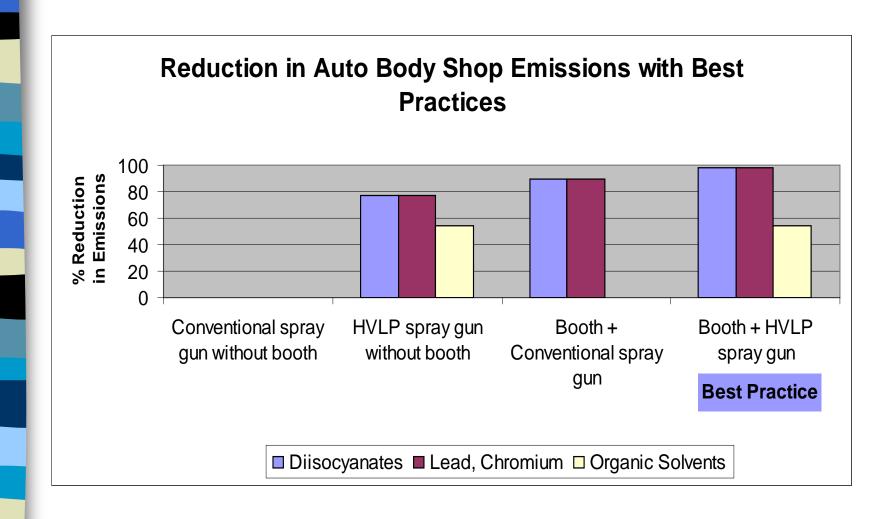


OSHA and EPA Spray Booth Requirements

EPA	OSHA
Booth filters at least 98-percent efficient in capturing overspray. [40 CFR Part 63.11173(e)(2)(i)]	Perform all spray applications in a spray booth or spray room. [29 CFR 1910.94(c)(2)]
Complete motor vehicles in a fully enclosed booth or prep station (4 walls or side curtains). [40 CFR Part 63.11173(e)(2)(ii)]	
Perform spray painting of parts or sub assemblies in a booth or prep station with at least 3 walls or side curtains. [40 CFR Part 63.11173(e)(2)(iii)]	

Standards and regulations that address the design/construction,/location of spray booths:

- 1. EPA: National Emission Standards for Hazardous Air Pollutants: Paint Stripping and Miscellaneous Surface Coating Operations at Area Sources, 40 CFR Part 63.11173(e)(2)
- 2. OSHA: Ventilation, 29 CFR 1910.94(c)(3)
- 3. OSHA: Spray Finishing Using Flammable and Combustible Materials, 29 CFR 1910.107(b)(1) through (b)(4) and (b)(6) through (b)(10).
- 4. NFPA: Standard for Spray Finishing Using Flammable and Combustible Materials, NFPA 33
- 5. ANSI: Fundamentals Governing the Design and Operation of Local Exhaust Ventilation Systems, ANSI Z9.2.



Spray Painting Best Practices Safer Alternative Paints/Products

- Use safer alternative paints and cleaning products
 - Consider switching to waterborne paints
 - Substitute topcoats and undercoats with chrome- and lead-free alternatives
 - Use low VOC, zero HAPs cleaning solvents

Waterborne Paint Systems

Prep, Storage and Mixing Notes

- Surface prep similar cleaning more critical
- Mixing more straight forward no guess work with reducers
- Storage
 - Temperatures between 36° F and 95° F (more of an issue for distributors)
 - No agitation needed in storage

Waterborne Paint Systems

Application Notes

- Improved coverage (fewer coats needed)
- Good color matching / improved blending
- Air accelerators needed to achieve comparable dry times
- Increased air movement makes it more important to keep the booth clean
- Dedicated waterborne gun recommended

Waterborne Paint Systems Gun Cleaning Notes

- Separate cleaning systems from guns for solvent borne coatings
- Disposable gun cup systems help with cleaning
- Rinse inside of gun with water before use
- Coordinate with state/local authorities to ensure proper waste disposal

Spray Painting Best Practices HVLP Spray Guns

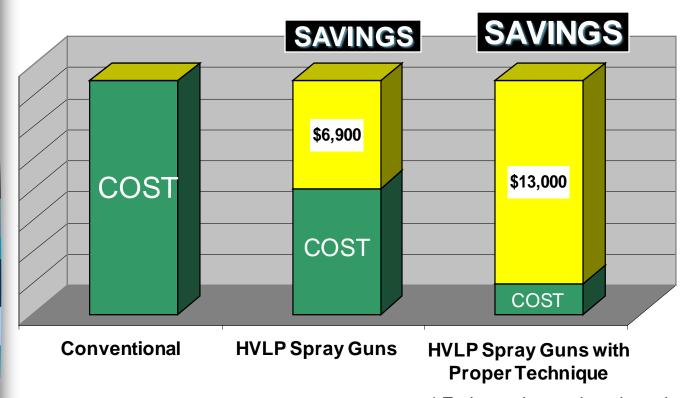
- Use High Volume Low Pressure (HVLP) spray guns
 - Increase transfer efficiency (up to 65%) and reduce overspray
- Transfer efficiency is the measurement of how much paint spayed is actually applied to the part being painted.

Why is Increased Transfer Efficiency Important?

- Reduce shop emissions
- Reduce worker exposure
- Reduce paint volume needed for each job, resulting in savings for shops

Gun Type	TE	Sprayed	On part	Overspray
Conventional	30%	10 oz.	3 oz.	7 oz.
HVLP	65%	4.6 oz.	3 oz.	1.6 oz.

Paint Cost Savings with HVLP Spray Guns



^{*} Estimated annual savings, based on 420 gal/yr Courtesy of the STAR Program, IWRC

Tips for Effective Use of HVLP Spray Guns

- Use a larger diameter air hose
- Use the right gun tip for the job
- Ensure that shop compressor is capable of delivering sufficient air
- Set up each gun to ensure proper pressure at the gun tip
- Use proper spraying techniques

Spray Techniques

- Spray gun distance to part
- Perpendicular to surface
- Spray angle
- Consistent 50% overlap
- Reduce lead and lag
- Spray pattern size and shape

Prep Work Best Practices

Sanding

- Use Vacuum sanding system (dry sanding)
- Use a well ventilated area, such as a prep station (dry sanding)

Solvent Wipe Down

 Use spray booth, or prep station, or other source of ventilation; consider substitute solvent

Spray Gun Cleaning Best Practices

- Use an automatic gun cleaning unit
- Pre-clean guns to remove gross contamination
- Cover gun cleaning unit when possible
- Ensure that gun cleaning unit is in good working order
- Consider substitute cleaning compounds

Spray Gun Cleaners



Enclosed Automatic Paint Gun Washer



Recirculating Paint Gun Cleaning System

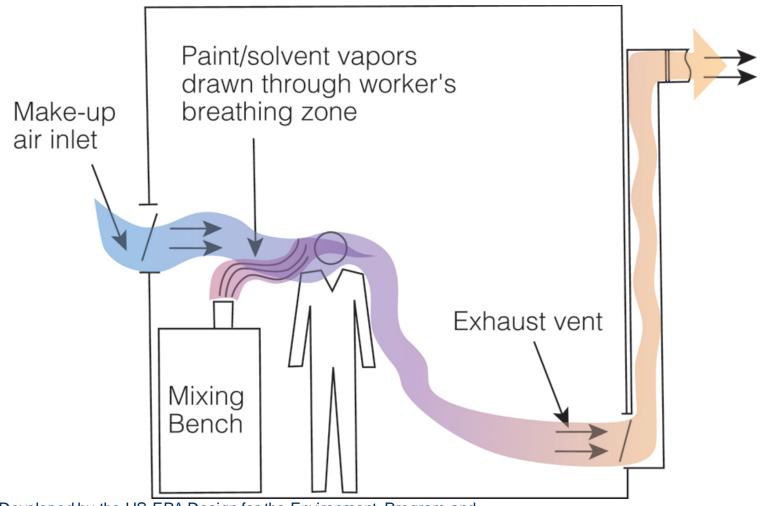
Minimizing Hazardous Waste

- Solvent recyclers
- Spray gun cleaners that reuse cleaning solvents
 - Proper cleaning techniques
- Computerized mixing system
- Mix only what is needed
- Store and reuse remaining mixed paint

Paint Mixing Best Practices

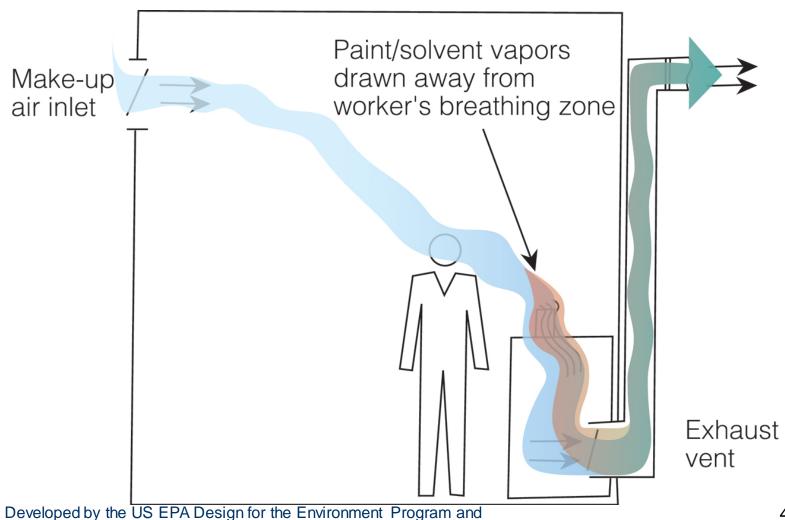
- Provide adequate ventilation in paint mixing area. Local exhaust vents should be located near sources of emissions
- Keep all containers shut when not in use. Use gasket-sealed, spring-loaded covers on solvent storage containers and waste drums

Poor Ventilation Design



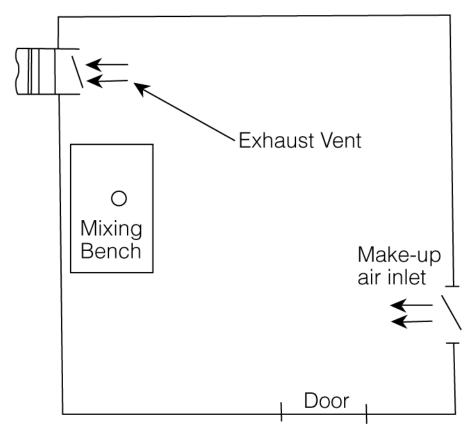
Developed by the US EPA Design for the Environment Program and Eastern Research Group, Inc. under Contract # EP-W-05-014

Draw vapors away from breathing zone

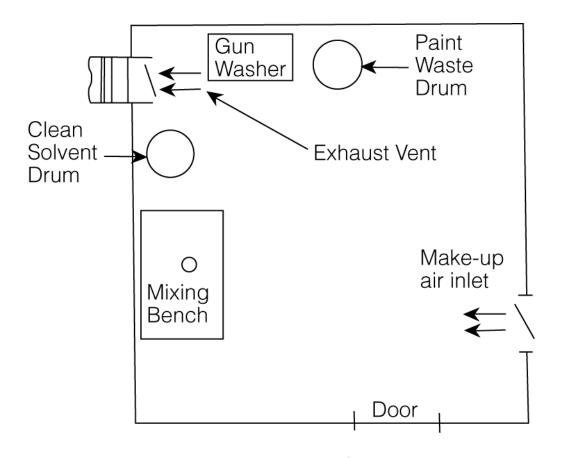


Eastern Research Group, Inc. under Contract # EP-W-05-014

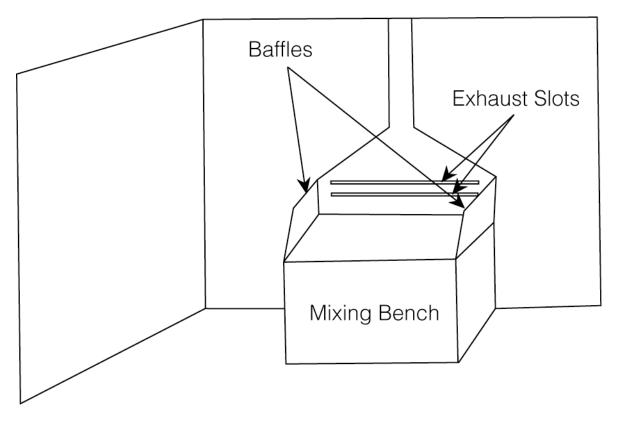
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Top view of room—Locate make-up air inlet opposite from exhaust vent



Top view of room— Locate exhaust vent near vapor sources



Local exhaust ventilation

Virtual Auto Body Shop Paint Mixing Room



www.ccar-greenlink.org/cshops

Health and Safety Management in the Collision Repair Shop/School

Personal Protective Equipment (PPE)

Task	PPE	
Spray Painting	A loose-fitting SAR or better (APF of at least 25).	
	Protective gloves (nitrile or manufacturer suggested gloves).	
	Protective eyewear.	
	Coveralls and headsock.	
Paint Mixing, Solvent Wipe	A half-mask APR with organic vapor cartridges or better.	
Down, Spray Gun Cleaning	Protective gloves (nitrile or manufacturer suggested gloves).	
	Protective eyewear.	
Sanding	A loose-fitting SAR or better (APF of at least 25).	
	A half-mask APR with N95 particulate filter or better (dry sanding).	

User-Friendly Respirators

- Loose-fitting hood supplied-air respirators
 - Light-weight, low-maintenance
 - Do not need a fit test to use
 - Can even have a beard and wear eyeglasses
 - Often provide the greatest cooling effect
- Tight-fitting facepiece supplied-air respirators
 - Typically provide the highest level of protection
 - Rear-mount model helps prevent contact with the paint job
 - Painters need a fit-test and cannot have beard/ facial hair
 - Eyeglass mounts available with most models
- Select the type of respirator that works best for the shop and its painters

Grade D Breathing Air

- Grade D breathing air is required for supplied air respirators (OSHA requirement):
 - Oxygen content (v/v) of 19.5-23.5%;
 - Hydrocarbon (condensed) content of 5 milligrams per cubic meter of air or less
 - Carbon monoxide content of 10 ppm or less
 - Carbon dioxide content of 1,000 ppm or less
 - Lack of noticeable odor
- Grade D breathing air can be provided by:
 - Supplied air respirator fresh air pump
 - The shop air compressor equipped with an appropriate filter and regulator for breathing air and with a carbon monoxide alarm

Health and Safety Management

- Respiratory Protection Program
- Hazard Communication Program



Respiratory Protection Program

The program (required by OSHA) assures that:

- Shop selects appropriate respirator for the job
- Respirators are used properly and provide the intended level of protection
- Workers are physically capable of wearing selected respirators

Respiratory Protection Program

The program should include:

- A written program
- Use of NIOSH approved respirators
- Medical surveillance
- Annual fit testing
- Training
- Filter change out schedule for APRs

Respirator Fit Test



Developed by the US EPA Design for the Environment Program and Eastern Research Group, Inc. under Contract # EP-W-05-014

Hazard Communication Program

This program helps convey information to the shop workers about workplace chemical hazards and how to protect themselves from these hazards.

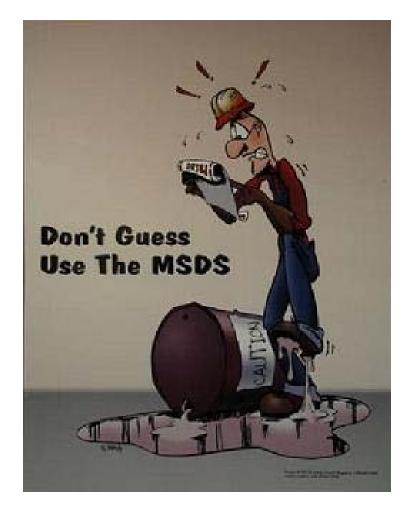
Hazard Communication Program

The program (required by OSHA) must include:

- A written program
- Copies of MSDS for all chemicals in the shop
- Proper labeling of chemicals.
- Training

What is a MSDS?

A document prepared by the product manufacturer that provides important health and safety information on working with the product.



MSDS Sections

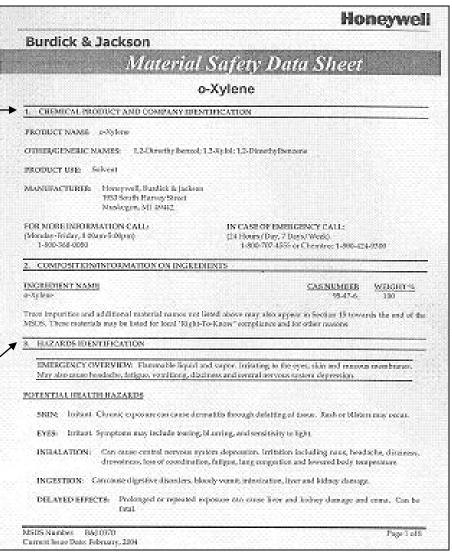
A MSDS consists of 16 sections (in the commonly used ANSI format):

- Section 1: Chemical Product and Company Identification
- Section 2: Composition, Information on Ingredients
- Section 3: Hazards Identification
- Section 4: First Aid Measures
- Section 5: Fire Fighting Measures
- Section 6: Accidental Release Measures
- Section 7: Handling and Storage
- Section 8: Exposure Controls, Personal Protection
- Section 9: Physical and Chemical Properties
- Section 10: Stability and Reactivity
- **Section 11:** Toxicological Information
- Section 12: Ecological Information
- Section 13: Disposal Considerations
 - **Section 14:** Transport Information
- Section 15: Regulatory Information
 - **Section 16:** Other Information

How to Read a MSDS

Section 1: Chemical Product and Company Identification. Names the material and provides a mailing address and telephone number for the manufacturer/distributor (useful in case of an emergency).

Section 3: Hazards
Identification. How the chemical enters the body (such as inhaling, swallowing or through the skin) and what health problems it could cause.



How to Read a MSDS (cont^{nd.})

Section 4: First Aid Measures. Includes emergency and first aid procedures.

Honeywell

Burdick & Jackson

MATERIAL SAFETY DATA SHEET

o-Xylene

Ingredients found on one of the OSHA designated carcinogen lists are listed below.

INGREDIENT NAME

No logredients listed in this section

NTP STATUS

OSHA LIST

4. FIRST AID MEASURES

SKIN: Wash with stiap and water and flush with water. Remove contaminated clothing and wash before reuse. Get

EYES: Immediately flush eyes with plenty of water for a least 15 minutes. Cermedical attention.

INHALATION: Remove from exposure area to Iresh air. If victim is not becathing administer artificial respiration. according to your level of training and obtain professional medical assistance immediately.

INGESTION: Do not induce vomiting, Contact physician immediately.

ADVICE TO PHYSICIAN: Treat symptomatically.

5. FIRE FIGHTING MEASURES

FLAMMABLE PROPERTIES

FLASH POINT:

FLASH POINT METHOD:

AUTOIGNITION TEMPERATURE

UPPER FLAME LEMIT (volume % in airly

LOWER FLAME LIMIT (volume % in airl:

FLAME PROPAGATION RATE (solids): OSHA FLAMMABILITY CLASS:

45° F. [17° C)

Closed Cup

6.7%

Not applicable

EXTINGUISHING MEDIA:

Dry Chemical, Foam, or Carbon Dioxide

UNUSUAL FIRE AND EXPLOSION HAZARDS

Vapors are heavier than air, and may migrate to a low area and flashback in a fire or remote ignition condition.

SPECIAL FIRE FIGHTING PRECAUTIONS/INSTRUCTIONS:

Do not release runoff from fire control measures into waterways or sewers.

Water will not be effective in extinguishing a fire. Use water spray to cool fire-exposed containers and to reduce rate of burning, taking care not to spread the fire. Heat will build pressure and rupture closed storage containers. Wear NIOSH approved self-contained breathing apparatus, and full protective clothing.

MSDS Number: B&J 0370 Current Issue Date: February, 2004

Page 2 of 8

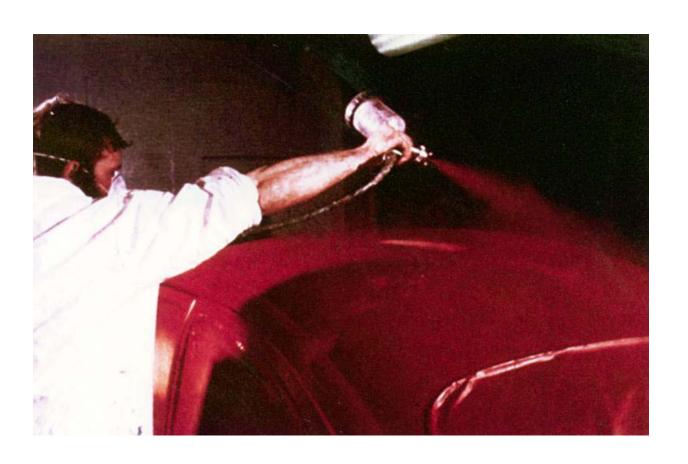
How to Read a MSDS (contnd.)

Section 7: Handling and Storage. Explains how to properly handle and store the chemical.

Section 8: Exposure
Controls, Personal
Protection. Describes how to
maintain proper ventilation
and recommends appropriate
personal protective
equipment, such as
respirators, safety eye gear,
gloves, and other protective
clothing.

Honeywell **Burdick & Jackson** MATERIAL SAFETY DATA SHEET o-Xylene 6. ACCIDENTAL RELEASE MEASURES IN CASE OF SPILL OR OTHER RELEASE: (Always wear reconserveded personal personal personal) Eliminate sources of ignition. Solate the spill area. Step leak in a safe and practical manner. (If leak cannot be stopped only and calely, advise trained energency response personnel of the situation.) Using inert material fractito ground correcte) this the spilled solvent to prevent it from narring into drains or waterwess. Spills and releases may have to be reported to Federal and/or local authorities. See Section 15 regarding reporting 7. HANDLING AND STORAGE NORMAL BANDLING: (Abovy) was reconstreaded personal protective equipment) Greened containers for installer of contents. Keep away from species, open florant and ignition sources. Do not get in eyes, on this or defining. Avoid inhalation of vapors, the with selequate ventilation. Problitt anothing is arose of STURAGE RECOMMENDATIONS Story in prisons designed for storage of Europeable liquids. (CSSEA 29 CFE 1910-300) Contribute on Americal storage Store in a cool, well-vertilated oran away from strong acids, envilores and ignation sources. Keep containers tightly closed and protect agreest physical claracys. Iraids storage should be in a standard flammable liquids storage soons. or caltinet. Prohibit smoking in storage areas. Once liquid softent has been completely dispersed, containers which appear "empty" should be handled in the same mirror to when they were "full" of liquid solvest. EXPOSURE CONTROLS/PERSONAL PROTECTION ENGINEERING CONTROLS: Provide general or local cuberest verification systems to maintain althorne concentrations below expensive levels. Regularly inspect all electrical and mechanical equipment used with as sain 6-sylone. Ground and bond motal containers to minimize static apacks. PERSONAL PROTECTIVE EQUIPMENT SKIN PROTECTION: Protective gloves and clothing are recommended. Viton or nitrile stables edies ecopyable chemical resistance. Clothing should be static free EYE FROTECTION: Worr safety glasses with non-perfonited sidesfunds for normal handling. Geggies or a full face shield may be necessary depending on quantity of essential and conditions of use. RESPIRATORY PROFECTION: Social professional advice prior to respirator addiction and way. Fullow OSHA. respirator regulations (29 CFR 1919 134) and, if recessary, went a MSDIA/MIDSH approved respirator. For energysty or non-routine operations (doubling upills, reactor vessels, or storage tanks), wear an SCRA. Wattings Air-purifying respirators do not protect workers in paygen-deficient atmospheres. MSDS Number: B&J 0070 Current Issue Date: February, 2004

What is wrong with this picture?



Hockey players wear protective gear – so can you!





DfE Best Practices Self Evaluation Checklist

Self Evaluation Checklist - Purpose

- Provide shop owners a tool to:
 - Assess protection of workers and community
 - Focus improvement efforts
 - Ensure ongoing implementation of best practices

Self Evaluation Checklist - Use

- Checklist assesses key refinish activities:
 - Surface preparation
 - Paint mixing
 - Spray painting
 - Spray gun cleaning
 - Health and safety management

Evaluators Name:	 	
Shop/School Name:		

SELF-EVALUATION CHECKLIST

		Baseline Evaluation Date:		Follow-Up Evaluation Date:			
		Check N		Points	Check N		Points
I.	SURFACE PREPARATION						
	Sanding						
1a	Does the shop consistently use vacuum sanding, a ventilated prep deck, and/or wet sanding methods?	Yes=3	No=0		Yes=3	No=0	
1b	If you answered "No" to question 1a above Do workers performing dry sanding tasks consistently use a half-mask air purifying respirator (APR) with an appropriate particulate filter (N95 or better)?	Yes=1	No=0		Ves=1	No=0	
	The best protection to the person performing sanding and to all others in the workplace is provided by using one of the methods listed in item 1.a above. If such methods are not used, the person performing dry sanding tasks should use appropriate respiratory protection to prevent inhalation of hazardous dusts.						
2	Are vacuum sanders and/or prep decks well maintained?						
	Well maintained equipment will ensure proper capture of sanding dusts.	Yes=1	No=0		Yes=1	No=0	
3	Workers wear nitrile (or other impermeable gloves) when performing						
	wet sanding tasks? Many abrasive compounds used for wet sanding are potential skin irritants. Refer to the product's MSDS for more information on hazards and required protective equipment.	Yes=1	No=0		Yes=1	No=0	

Best Practices - Benefits

EVALUATION TABLE

POINTS	EVALUATION OF OVERALL TOTAL POINTS			
	The shop has taken little if any positive steps to minimize emissions of isocyanates and			
	other hazardous materials (or to protect workers and the surrounding community from			
0-20	such emissions) generated during refinishing tasks.			
	The shop has taken some positive steps to minimize emissions of isocyanates and			
	other hazardous materials (or to protect workers and the surrounding community from			
21-60	such emissions) generated during refinishing tasks but much work is still needed.			
	While the basics are in place, some critical best practices still need work to ensure			
61-85	effective emission reduction and worker and community protection.			
	Congratulations. It appears that the shop has implemented most if not all of the key			
	best practices. Keep up the good work and continue efforts to implement all best			
	practices to ensure a healthy and safe environment for your workers and the			
86-107	surrounding community.			

On-line Resources

- DfE Auto Refinish Project
 http://www.epa.gov/dfe/pubs/projects/auto
- Virtual Auto Body Shop http://www.ccar-greenlink.org/cshops
- STAR® (Spray Technique & Research)
 http://www.iwrc.org/STAR/STARschools.htm
- OSHA Auto Body Repair and Refinishing http://www.osha-slc.gov/SLTC/autobody
- NIOSH Alert on Diisocyanates
 http://www.cdc.gov/niosh/asthma.html

Contacts

DfE Auto Refinish Project www.epa.gov/dfe/pubs/projects/auto

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